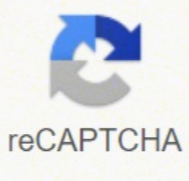




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**Open**



**Instant lasagna** **250 gram**



Can you make pasta from lasagne sheets. How to cook lasagna pasta sheets. Is lasagne sheets pasta. Can i use lasagna sheets as pasta.

Serving Size: 1 serving Calories 106.0 Total Fat 1.0 g Saturated Fat 0.3 g Polyunsaturated Fat 0.0 g Monounsaturated Fat 0.0 g Cholesterol 28.0 mg Sodium 11.0 mg Potassium 0.0 mg Total Carbohydrate 20.0 g Dietary Fiber 1.1 g Sugars 0.6 g Protein 3.0 g Vitamin A 0.0 % Vitamin B-12 0.0 % Vitamin B-6 0.0 % Vitamin C 0.0 % Vitamin D 0.0 % Vitamin E 0.0 % Calcium 0.0 % Copper 0.0 % Folate 0.0 % Iron 0.0 % Magnesium 0.0 % Manganese 0.0 % Niacin 0.0 % Pantothenic Acid 0.0 % Phosphorus 0.0 % Riboflavin 0.0 % Selenium 0.0 % Thiamin 0.0 % Zinc 0.0 % \*Percent Daily Values are based on a 2,000 calorie diet. Some of these foods were entered by users and are subject to error.

Vitamin A 0.0 % Vitamin B-12 0.0 % Vitamin B-6 0.0 % Vitamin C 0.0 % Vitamin D 0.0 % Vitamin E 0.0 % Calcium 0.0 % Copper 0.0 % Folate 0.0 % Iron 0.0 % Magnesium 0.0 % Manganese 0.0 % Niacin 0.0 % Pantothenic Acid 0.0 % Phosphorus 0.0 % Riboflavin 0.0 % Selenium 0.0 % Thiamin 0.0 % Zinc 0.0 % Barilla Lasagna Noodles No Boil 2 Pieces (1 serving)Calories: 180, Fat: 1g, Carbs: 38g, Protein: 6g Show full nutrition information Nutrition Facts Calories in Barilla Lasagna Noodles No Boil 2 Pieces Serving Size: 1 serving Amount Per Serving Calories 180.0 Total Fat 1.0 g Saturated Fat 0.0 g Polyunsaturated Fat 0.0 g Monounsaturated Fat 0.0 g Cholesterol 0.0 mg Sodium 0.0 mg Potassium 0.0 mg Total Carbohydrate 38.0 g Dietary Fiber 2.0 g Sugars 1.0 g Protein 6.0 g \*Percent Daily Values are based on a 2,000 calorie diet. Vitamin A 11.9 % Vitamin B-12 23.0 % Vitamin B-6 7.4 % Vitamin C 9.2 % Vitamin D 0.0 % Vitamin E 1.5 % Calcium 37.5 % Copper 2.2 % Folate 17.7 % Iron 10.8 % Magnesium 4.8 % Manganese 1.8 % Niacin 6.5 % Pantothenic Acid 3.5 % Phosphorus 28.2 % Riboflavin 23.0 % Selenium 32.3 % Thiamin 32.8 % Zinc 15.7 % Calories, Fat, Protein, Fiber, & Carbs in Au Bon Pain Sandwich Half Tuna & Cheddar On Farmhouse Roll Calories, Fat, Protein, Fiber, & Carbs in Au Bon Pain Sandwich Half Turkey & Swiss On Farmhouse Roll Calories, Fat, Protein, Fiber, & Carbs in Au Bon Pain Sandwich Whole Turkey & Swiss On Country White Bread Calories, Fat, Protein, Fiber, & Carbs in Au Bon Pain Wrap Chicken Caesar Asiago Calories, Fat, Protein, Fiber, & Carbs in Au Bon Pain Wrap Hot Angus Steak Teriyaki 1500 Calorie Weight Loss Meal Plan Calories In Barilla Lasagna with Ground TurkeyCalories: 327, Fat: 14g, Carbs: 29g, Protein: 30g, Fiber: 3g Calories In barilla lasagnaCalories: 381, Fat: 17g, Carbs: 26g, Protein: 27g, Fiber: 3g Calories In barilla lasagna recipeCalories: 502, Fat: 29g, Carbs: 24g, Protein: 35g, Fiber: 1g Vitamin A 0.0 % Vitamin B-12 0.0 % Vitamin B-6 0.0 % Vitamin C 0.0 % Vitamin D 0.0 % Vitamin E 0.0 % Calcium 0.0 % Copper 0.0 % Folate 30.0 % Iron 10.0 % Magnesium 0.0 % Manganese 0.0 % Niacin 15.0 % Pantothenic Acid 0.0 % Phosphorus 0.0 % Riboflavin 15.0 % Selenium 0.0 % Thiamin 35.0 % Zinc 0.0 % Barilla Lasagna Pasta (1 oz)Calories: 100, Fat: 2g, Carbs: 18g, Protein: 4g Show full nutrition information Nutrition Facts Calories in Barilla Lasagna Pasta Serving Size: 1 oz Amount Per Serving Calories 100.0 Total Fat 2.0 g Saturated Fat 0.5 g Polyunsaturated Fat 0.0 g Monounsaturated Fat 0.0 g Cholesterol 25.0 mg Sodium 10.0 mg Potassium 0.0 mg Total Carbohydrate 18.0 g Dietary Fiber 1.0 g Sugars 0.0 g Protein 3.5 g \*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Vitamin A 0.0 % Vitamin B-12 0.0 % Vitamin B-6 0.0 % Vitamin C 0.0 % Vitamin D 0.0 % Vitamin E 0.0 % Calcium 0.0 % Copper 0.0 % Folate 15.0 % Iron 5.0 % Magnesium 0.0 % Manganese 0.0 % Niacin 8.0 % Pantothenic Acid 0.0 % Phosphorus 0.0 % Riboflavin 8.0 % Selenium 0.0 % Thiamin 18.0 % Zinc 0.0 % Barilla Lasagna Noodles (1 serving)Calories: 63, Fat: 1g, Carbs: 1g, Protein: 3g Show full nutrition information Nutrition Facts Calories in Barilla Lasagna Noodles Serving Size: 1 serving Amount Per Serving Calories 63.3 Total Fat 0.7 g Saturated Fat 0.2 g Polyunsaturated Fat 0.0 g Monounsaturated Fat 0.0 g Cholesterol 50.0 mg Sodium 6.7 mg Potassium 0.0 mg Total Carbohydrate 1.0 g Dietary Fiber 0.7 g Sugars 0.3 g Protein 3.0 g \*Percent Daily Values are based on a 2,000 calorie diet. Barilla Lasagna Noodles (3-Pieces, No Boil) (1 serving)Calories: 190, Fat: 2g, Carbs: 36g, Protein: 7g Show full nutrition information Nutrition Facts Calories in Barilla Lasagna Noodles (3-Pieces, No Boil) Serving Size: 1 serving Amount Per Serving Calories 190.0 Total Fat 2.0 g Saturated Fat 0.5 g Polyunsaturated Fat 0.0 g Monounsaturated Fat 0.0 g Cholesterol 50.0 mg Sodium 20.0 mg Potassium 0.0 mg Total Carbohydrate 36.0 g Dietary Fiber 2.0 g Sugars 0.0 g Protein 7.0 g \*Percent Daily Values are based on a 2,000 calorie diet. Vitamin A 0.0 % Vitamin B-12 0.0 % Vitamin B-6 0.0 % Vitamin C 0.0 % Vitamin D 0.0 % Vitamin E 0.0 % Calcium 0.0 % Copper 0.0 % Folate 0.0 % Iron 0.0 % Magnesium 0.0 % Manganese 0.0 % Niacin 0.0 % Pantothenic Acid 0.0 % Phosphorus 0.0 % Riboflavin 0.0 % Selenium 0.0 % Thiamin 0.0 % Zinc 0.0 % Barilla Lasagna (1 serving)Calories: 495, Fat: 34g, Carbs: 30g, Protein: 25g Show full nutrition information Nutrition Facts Calories in Barilla Lasagna Serving Size: 1 serving Amount Per Serving Calories 495.3 Total Fat 33.5 g Saturated Fat 13.6 g Polyunsaturated Fat 2.0 g Monounsaturated Fat 9.6 g Cholesterol 82.0 mg Sodium 983.4 mg Potassium 170.6 mg Total Carbohydrate 30.2 g Dietary Fiber 3.0 g Sugars 5.5 g Protein 24.7 g \*Percent Daily Values are based on a 2,000 calorie diet. Vitamin A 0.0 % Vitamin B-12 0.0 % Vitamin B-6 0.0 % Vitamin C 0.0 % Vitamin D 0.0 % Vitamin E 0.0 % Calcium 0.0 % Copper 0.0 % Folate 0.0 % Iron 0.0 % Magnesium 0.0 % Manganese 0.0 % Niacin 0.0 % Pantothenic Acid 0.0 % Phosphorus 0.0 % Riboflavin 0.0 % Selenium 0.0 % Thiamin 0.0 % Zinc 0.0 % Barilla, Lasagna No Broil Sheet; 3 Pieces (1 serving)Calories: 190, Fat: 2g, Carbs: 36g, Protein: 7g Show full nutrition information Nutrition Facts Calories in Barilla, Lasagna No Broil Sheet; 3 Pieces Serving Size: 1 serving Amount Per Serving Calories 190.0 Total Fat 2.0 g Saturated Fat 0.5 g Polyunsaturated Fat 0.0 g Monounsaturated Fat 0.0 g Cholesterol 50.0 mg Sodium 20.0 mg Potassium 0.0 mg Total Carbohydrate 36.0 g Dietary Fiber 2.0 g Sugars 0.5 g Protein 7.0 g \*Percent Daily Values are based on a 2,000 calorie diet. Vitamin A 0.0 % Vitamin B-12 0.0 % Vitamin B-6 0.0 % Vitamin C 0.0 % Vitamin D 0.0 % Vitamin E 0.0 % Calcium 0.0 % Copper 0.0 % Folate 0.0 % Iron 0.0 % Magnesium 0.0 % Manganese 0.0 % Niacin 0.0 % Pantothenic Acid 0.0 % Phosphorus 0.0 % Riboflavin 0.0 % Selenium 0.0 % Thiamin 0.0 % Zinc 0.0 % Barilla Lasagna Noodles, Cooked 0.75 Oz. Serving (1 serving)Calories: 79, Fat: 1g, Carbs: 15g, Protein: 3g Show full nutrition information Nutrition Facts Calories in Barilla Lasagna Noodles, Cooked 0.75 Oz. Serving Serving Size: 1 serving Amount Per Serving Calories 79.0 Total Fat 1.0 g Saturated Fat 0.0 g Polyunsaturated Fat 0.0 g Monounsaturated Fat 0.0 g Cholesterol 21.0 mg Sodium 8.0 mg Potassium 0.0 mg Total Carbohydrate 15.0 g Dietary Fiber 1.0 g Sugars 0.0 g Protein 3.0 g \*Percent Daily Values are based on a 2,000 calorie diet. Vitamin A 0.0 % Vitamin B-12 0.0 % Vitamin B-6 0.0 % Vitamin C 0.0 % Calcium 0.0 % Copper 0.0 % Folate 0.0 % Iron 0.0 % Magnesium 0.0 % Manganese 0.0 % Niacin 0.0 % Pantothenic Acid 0.0 % Phosphorus 0.0 % Riboflavin 0.0 % Selenium 0.0 % Thiamin 0.0 % Zinc 0.0 % Barilla Lasagna Pasta Uncooked (1 gram(s))Calories: 4, Fat: 0g, Carbs: 1g, Protein: 0g Show full nutrition information Nutrition Facts Calories in Barilla Lasagna Pasta Uncooked Serving Size: 1 gram(s) Amount Per Serving Calories 3.5 Total Fat 0.0 g Saturated Fat 0.0 g Polyunsaturated Fat 0.0 g Monounsaturated Fat 0.0 g Cholesterol 0.0 mg Sodium 0.0 mg Potassium 0.0 mg Total Carbohydrate 0.7 g Dietary Fiber 0.0 g Sugars 0.0 g Protein 0.1 g \*Percent Daily Values are based on a 2,000 calorie diet.



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